

PaRentsEdu - The Parents' Role in the out-of-school Education of their children



Project number: 2017-1-PL01-KA204-038295

Collected Resources

No.	Title of the material	Author(s)	Country	Languag e	Link (if applicable)	Other bibliography data (eg. year of publication)	Terms of use*	Short description of the contents
1	Mit pracy domowej, org. The homework myth	Alfie Kohn	Poland, USA	Polish, English				A compelling exposé of homework – how it fails our children, why it's so widely accepted, and what we can do about it.
2	Wolne dzieci	Peter Gray	Poland, USA	Polish, English	http://www.freetolearnbook.com/			The author argues that our children, if free to pursue their own interests through play, will not only learn all they need to know, but will do so with energy and passion.
3	Wychowanie bez nagród i kar, org. Unconditional parenting	Alfie Kohn	Poland, USA	Polish, English				One basic need all children have, Kohn argues, is to be loved unconditionally, to know that they will be accepted even if they screw up or fall short. Yet conventional approaches to parenting such as punishments (including "time-outs"), rewards (including positive reinforcement), and other forms of control teach children that they are loved only when they please us or impress us.
4	Uchwycic żywioł. O tym, jak znalezienie pasji zmienia wszystko. Org. The Element: How Finding Your Passion Changes	Ken Robinson	Poland, USA	Polish, English				A breakthrough book about talent, passion, and achievement.
5	Porozumienie bez przemocy. O języku serca. Org. Nonviolent Communication: A Language of Life	Marshall B. Rosenberg	Poland, USA	Polish, English				Nonviolent communication is an approach to nonviolent living developed by Marshall Rosenberg beginning in the 1960s.[3] It is based on the idea that all human beings have the capacity for compassion and only resort to violence or behavior that harms themselves and others when they do not recognize more effective strategies for meeting needs.
6	Kryzys szkoły, En: Schools in crisis	Jesper Juul	Poland, USA, Denmark	Polish, English				The author describes five crucial building blocks necessary for the foundation of a new type of school – one that no longer robs children of their natural pleasure in learning.

7	Kreatywne szkoły, org. Creative Schools: The Grassroots Revolution That's Transforming Education	Ken Robinson	Poland, USA	Polish, English		A revolutionary reappraisal of how to educate our children and young people by Ken Robinson, and how to transform the nation's troubled educational system.
8	Summerhill. Szkoła wolnych ludzi. Org. Summerhill: A Radical Approach to Child Rearing	Alexander Neil	Poland, USA	Polish, English	http://www.summerhill.pl	Democratic school example. Summerhill: A Radical Approach to Child Rearing is a book about the English boarding school Summerhill School by its headmaster A. S. Neill.
9	Budząca się szkoła, org. Schulen im Aufbruch - Eine Anstiftung	Margret Rasfeld, Stephan Breidenbach	Poland, Germany	Polish, German		A new vision of school, where students can have influence.
10	Akademia Khana, org. Khan Academy	Salman Khan	Poland, USA	Polish, English		Khan Academy is a non-profit educational organization created in 2005 by Salman Khan with the goal of creating a set of online tools that help educate students.
11	I nigdy nie chodziłem do szkoły, orgUnd ich war nie in der Schule	Andre Stern	Poland, Germany	Polish, German		A real-life example of unschooling.
12	Do schools kill creativity?	Ken Robinson	USA	English, Polish, other	https://www.ted.com/talks/ken_robinson_says_schools_kill_creativity/transcript	An entertaining and profoundly moving case for creating an education system that nurtures (rather than undermines) creativity.
13	The Organization of Informal Learning	Barbara Rogoff, Maureen A. Callanan, Kris D. Gutierrez, F. Erickson	USA	English	https://www.researchgate.net/publication/ 312126904 The Organization of Inform al_Learning	This article discusses how the organization of informal learning differs across distinct settings but with important commonalities distinguishing informal learning from formal learning.
14	Research facta on homeschooling	Brian D. Ray	USA	English	https://files.eric.ed.gov/fulltext/ED556234.pdf	This article shortly presents general facts and trends about homescooling, reasons for Home Educating, ect.
15	The Relationship between out-off-school activities and positive youth development: an investigation of the influences of communities and family		USA	English	https://pdfs.semanticscholar.org/fc87/249f2b 7291f6faa84aa960504fff1292c5ba.pdf	This study examined the relationship among attitudes toward family and community, participation in structured out-of-school activities, and pro-social behavior.
16	A marvellous opportunity for children to learn. A participatory evaluation of Forest School in England and Wales	Liz O'Brien, Richard Murray	England	English	https://www.researchgate.net/publication/228 999196_A_marvellous_opportunity_for_child_ ren_to_learn	This work involved two phases. Phase 1 was undertaken in Wales and developed a methodology for capturing the link between Forest School activities and their impact on individual children. Phase 2 built on this work and tracked a small number of children in England over an eight-month period. This publication describes both phases of the evaluation and presents the results of the evaluation.

17	Diversity, School, Family and Community Connections : Annual Synthesis 2003	BOETHEL Martha	SUA	English	National Center for Family and Community Connections with Schools/Austin, 2003, 100 p.	disponibles sur : http://www.sedl.org [en ligne]	Inequality in front of education	This study shows that, regardless of ethnic, cultural or social background, most families have high academic aspirations for their children.
18	Sociologie de la famille contemporaine : domaines et approches	DE SINGLY François	France	French		Armand Colin/Paris, 2010, 128 p. (4e édition)	role of education in the family	Since the end of the 19th century, the family has changed. Until the 1960s, evidence of love marriage, withdrawal to family happiness, and support from the welfare state prevailed.
19	One Dream, Two Realities : Perspectives of Parents on America's High School	J., STREETER Ryan T, et al.	SUA	English		Washington, 2008, 39 p. disponibles sur : http://www.hartresearc h.com [en ligne]	cultures and education	How do parents perceive school in the United States? What are their educational expectations?
20	Conditions de l'éducation,	BLAIS Marie- Claude, GAUCHET Marcel, OTTAVI	France	French		Stock/Paris, 2008, 265 p. (Les essais)	parent's role in education	The authors propose a reflection on what stands in the way of educational transmission today.
21	Dictionnaire de l'éducation	BRINBAUM Yaël	France	French		Presses universitaires de France/Paris, 2008, p. 24-26	education	The educational expectations of families have evolved strongly since the 1960s, in connection with the lengthening of schooling, changes in the family, the place given to school within families,
22	Parents, Children and the School Experience : Asian families' perspectives : research report	CROZIER Gill,	SUA	English	https://www.researchcatalogue.esrc.ac.u k/grants/R000239671/read	Economic and Social Research/Swindon, 2004, 29 p. disponibles sur : http://www.esrc.ac.uk [en ligne]	parental support	This report presents the results of a survey conducted in England with families in Pakistan and Bangladesh. All parents, regardless of their ethnic and cultural characteristics, attach importance to the education and academic success of their children.
23	Ça sert à quoi, des parents ?	Christine GENET, Estelle WALLON	France	French	https://www.editions-lepommier.fr/ca-sert- quoi-des-parents	Les petites pommes du savoir, Octobre 2015	role of parents	What are the parents for?
24	L'école conservatrice. Les inégalités devant l'école et la culture	Bourdieux .P	France	French	https://www.persee.fr/doc/rfsoc_0035- 2969_1966_num_7_3_2934_	Homo academicus, Paris, Minuit, 1984	inequality	Role of heritage and culture in the education of children
25	Les Consommateurs d'école	Ballion R.	France	French	https://www.jstor.org/stable/24273078?se q=1#page scan tab contents	La Bonne École, Paris, Hatier, 1991.	danger of educational consumption	Consume education
26	Regards sur l'éducation	OCDE	France	French	http://www.oecd.org/fr/education/regards- sur-education/	ocde	analyse systeme educatif	This edition examines the quality of results of education and the measures that influence it. Study also perform levels well national authorities that the problems related to school failure.
27	Deschooling society	Ivan Ilich		English	https://s3.amazonaws.com/arena- attachments/74898/Ivan Illich- Deschooling Society.pdf			Deschooling Society (1971) is a critical discourse on education as practised in modern economies. It is a book that brought Ivan Illich to public attention. Full of detail on programs and concerns, the book gives examples of the ineffectual nature of institutionalized education. Illich posited self-directed education, supported by intentional social relations in fluid informal arrangements.

28	Summerhill	A.S. Neill	America	English	https://en.wikipedia.org/wiki/Summerhill_(book)	1960	The seven chapters of the book cover the origins and implementation of the school, and other topics in childrearing. Summerhill, founded in the 1920s, is run as a children's democracy under Neill's educational philosophy of self-regulation, where kids choose whether to go to lessons and how they want to live freely without imposing on others. The school makes its rules at a weekly schoolwide meeting where students and teachers each have one vote alike. Neill discarded other pedagogies for one of the innate goodness of the child.
29	Flying Fingers: Master the Tools of Learning Through the Joy of Writing	Adora Svitak		Enlish	https://www.amazon.com/dp/1888045191 /?tag=a2zhomeschool00-20	2005	Flying Fingers: Master the Tools of Learning Through the Joy of Writing (Action Publishing, 296 pages) is a collection of adventure stories from an internationally recognoized author Adora Svitak (who turned eight the day the book was published) Flying Fingers includes tips on teaching kids to write, key vocabulary, and interviews with the author, who has appeared on numerous television programs, including Good Morning America. Adora's stories have well-developed plots, funny characters, and the type of down-to-earth humor that keeps kids reading. Each story is accompanied by step-by-step instructions for a writing activity that explores a specific aspect of writing: plot, character, theme, etc. It's a book designed for parents, educators and children.
30	College Without High School: A teenager's guide to skipping high school and going to college	Blake Boles		English	http://www.collegewithouthighschool.com		
31	The Book of Learning and Forgetting	Frank Smith	America	English	https://www.nwp.org/cs/public/download/ nwp_file/537/The_Book_of_Learning_and Forgetting.pdf?x-r=pcfile_d		In this thought-provoking book, Frank Smith explains how schools and educational authorities systematically obstruct the powerful inherent learning abilities of children, creating handicaps that often persist through life. The author contrasts a false and fabricated ""official theory"" that learning is work (used to justify the external control of teachers and students through excessive regulation and massive testing) with a correct but officially suppressed ""classic view"" that learning is a social process that can occur naturally and continually through collaborative activities. This book should be of interest in a time whan national authorities continue to blame teachers and students for alleged failures in education. It should help teachers and parents to combat sterile attitudes toward teaching and learning and help them to prevent current practices from doing further harm.

32	Things We Wish We'd Known	Diana Waring	English	https://www.amazon.com/Things-Wish- Known-Abundant-Life- Homeschooling/dp/1883002427	1999	n "Things We Wish We'd Known," Bill and Diana Waring, authors of "Beyond Survivial: A Guide to Abundant-Life Homeschooling," make available to you the time-earned secrets of fifty veteran homeschooling families. Coming from pioneers and leaders in the homeschooling community, "Things We Wish We'd Known" will become an indispensible guide and inspiration for your own journey.
33	How to Get Your Child Off the Refrigerator and Onto Learning	Carol Barnier	English	https://books.google.nl/books/about/How_to_Get_Your_Child_Off_the_Refrigerat.html?id=Ev1_F37H6AgC&printsec=frontcover&source=kp_read_button&redir_esc=v#v=onepage&g&f=false		Carol Barnier knew that her son more likely to be sitting on the table (or the refrigerator) than in his chair was worthy of high expectations. She also knew that he could easily miss achieving them if she didn't find the right key to unlock his capacity to learn. Carol found volumes of information on how to recognize the challenges in ADHD (Attention-Deficit/Hyperactivity Disorder) children, how to manage them, how to discipline them, and how to accept them. But no one told her how to teach her son math tomorrow. In her search for solutions, she developed techniques that are not only fun for all children, but highly successful with any child who struggles with focus
34	The Invisible Woman	Nicole Johnson	English	https://www.amazon.com/Invisible- Woman-Special-Story- Mothers/dp/0849918294	2005	
35	Lessons at Blackberry Inn	Karen Andreola	English	https://books.google.nl/books/about/Less ons at Blackberry Inn.html?id=0EmJPg AACAAJ&source=kp book description&r edir esc=y	2009	In Lessons at Blackberry Inn, life is seen through Carol's eyes, the eyes of a homemaker in the 1830s. Her busy days are spent teaching her children in the mornings and canning their bountiful harvest in the afternoons. Guests at Blackberry Inn appreciate Carol's delicious country meals served family style on the long table. When her feet ache or her emotions begin to get the better of her, Carol's husband, Michael, has a calming affect. She is supported by his ongoing devotion. Therefore it is no surprise that when the pastor of the church asks a big favor of Carol, Michael has a heart-to-heart talk with her about her involvement. She is expecting their third child and he is concerned that she may be already doing too much. As learning is not limited to the schoolbook, life's lessons impart wisdom to a variety of characters, both young and old, all living in the country village of Appleton. Can be read as a stand-alone inspirational and instructional homeschool guide for moms, or as a sequel to Karen's popular Pocketful of Pinecones. Practical homeschooling ideas, the Charlotte Mason method, and the forgotten value of homemaking fill every nook and cranny of its pages."

36	Being and becoming (movie)	Clara Bellar	France - USA	Fench	http://www.etreetdevenir.com/EED.en.ht ml#Accueil	2012	Being and becoming is a key that permits exiting a social system built on fear, a key that allows one to look at life differently for and with our children, and for ourselves as well.
37	Extra Learning: Out of School Learning and Study Support in Practice	Kay Andrews	UK, USA	English	https://books.google.ro/books?id=O1Q3u 1pSXUMC&printsec=frontcover&dq=Extr a+Learning.+Out+of+School+Learning.ad+Study+Support+in+Practice&hl=ro&s a=X&ved=OahUKEwj52NnshrDeAhXR- 6QKHeY9DRMQ6AEIJzAA#v=onepage& q=Extra%20Learning%30%20Out%20of %20School%20Learning%20and%20Stu dy%20Support%20in%20Practice&f=fsls	2001	The author describes the importance of partnership between schools, parents, voluntary partners, local and central government in helping to develop effective out-of-school learning.
38	The SAGE Encyclopedia of Out-of-School Learning	Kylie Peppler	USA	English	https://books.google.ro/books/about/The SAGE Encyclopedia of Out of School L.html?id=D3xZDwAAQBAJ&source=kp cover&redir esc=y	2017	It highlights the strengths, weaknesses, threats and opportunities that can be offered by out-of-school learning.
39	Learning Science beyond the Classroom	Linda Ramey- Gassert	USA	English	https://digitalcommons.unomaha.edu/slce stgen/78/	2004	This article describes a variety of out-of-school science environments with the aim of enhancing science education.
40	Play The Forest School Way: Woodland Games and Crafts for Adventurous Kids	Jane Worroll, Peter Houghton	USA	English	https://books.google.ro/books?id=35wzD AAAQBAJ&printsec=frontcover&dq=fore st+school&hl=en&sa=X&ved=0ahUKEwi If6J9bDeAhXMv6QKHS9vAFEQ6AEIMi AC#v=onepaqe&q=forest%20school&f=f alse	2016	It helps your child connect with nature, be adventurous and most of all have fun, with these woodland games, crafts and other activities from Forest School.
41	A Year of Forest School: Outdoor Play and Skill- building Fun for Every Season	Jane Worroll	USA	English	https://books.google.ro/books?id=sJ02D wAAQBAJ&printsec=frontcover&dq=fore st+school&hl=en&sa=X&ved=0ahUKEvi lf6J9bDeAhXMy6QKHS9vAFEQ6AEIO TAD#v=onepage&q=forest%20school&f= false	2018	More games, crafts and skills Forest School style, building on the success of <i>Play the Forest School Way</i> . This book is organized by season to encourage kids to get outdoors come rain, shine or snow!
42	Forest School for All	Sara Knight	UK	English	https://books.google.ro/books?id=0rLCge zHKCqC&printsec=frontcover&dq=forest +schools&hl=en&sa=X&ved=0ahUKEwiR gv27_bLeAhVIL1AKHT3EB_QQ6AEILTA B#v=onepaqe&q=forest%20schools&f=fa lse	2011	Anyone interested in how to implement the Forest School ethos in their learning environment will be enthused and inspired by this book. Sara Knight is an experienced early years educator and Senior Lecturer at Anglia Ruskin University.

43	Volunteering: Giving Back	Robert Wandberg	USA	English		2001		Shows many ways teens can volunteer, includes information on volunteering as well as different areas of volunteerism, and offers practical tips for getting started.
44	Family Learning: How to Help Your Children Succeed in School by Learning at Home	William F. Russell	USA	English	https://books.google.ro/books?id=yRBcD QAAQBAJ&printsec=frontcover&dg=out+ of+school+learning&hl=en&sa=X&ved=0 ahUKEwiUgO68grPeAhWKEVAKHTKZD Oo4FBDoAQhEMAY#v=onepage&d=out %20of%20school%20learning&f=false	2013		Dr. Russell's Family Learning book provides parents with a way to begin playing a more-active role in their children's learning by using whatever time they have available to share fun, time-tested activities that are geared specifically to their child's interest and level of learning.
45	Japanese Education in the 21st Century	Miki Y. Ishikida	USA	English	https://books.google.ro/books?id=Jv- xExHBhIMC&printsec=frontcover&dq=out	2005		It provides information about educational system in Japan.
46	Advancing 21st Century Competencies in Japan	Daisuke Kimura, Madoka Tatsuno	Japan	English	https://asiasociety.org/files/21st-century- competencies-japan.pdf	2017		It provides information about educational system in Japan.
47	Fun Literacy Activities for After-school Programs: Books & Beyond	Sue Edwards, Kathleen Martinez	USA	English	https://books.google.ro/books?id=Qp334 XFqH6MC&printsec=frontcover&dq=out+ of+school+activities&hl=en&sa=X&ved=0 ahUKEwigl4nBjLPeAhULa1AKHY5UAEQ Q6AEIJzAA#v=onepaqe&q=out%20of%2 0school%20activities&f=false	2004		The authors explain the role of after-school programs in literacy development and define aspects of literacy development. The book contains 72 fun and engaging activities for all levels of school-age readers.
48	Why chess	Gürkan Aydeniz	Turkey	Turkish, English	http://salihlisatranc.com/		Open source	Good example for kids
49	Children's Games and Kite Festival	Zirve Mountaineering Club	Turkey	Turkish	https://www.facebook.com/groups/zirve.turgu tlu		Open source	Zirve Mountaineering Club
50	The Importance of Sports for Children	NDFAdmin	USA, UK, Italy, Serbia	English	https://novakdjokovicfoundation.org/the- importance-of-sports-for-children/		Open source	Benefits of sport for children.
51	Physical activity for schoolage children	Dr Julie Green	Australia	English	http://raisingchildren.net.au/articles/activities _for_school_kids.html	Australian Government Department of Health (2014). Make your move – Sit less – Be active for life! A	Open source	5-8 years child physical activities.
52	How To Get Kids Interested In Sports - Best Sports For Kids	Spooky Nook Sports	USA	English	https://www.spookynooksports.com/blog/how- to-get-kids-interested-in-sports		Blog	Sprots blog
53	Reasons Why Arts in Education Is so Important for Kids	Lauren Martin	USA	English	https://www.learningliftoff.com/10-reasons- arts-in-education-important-kids/		Copyright © 2018 K12 Inc.	Arts Education for kids
54	Important Benefits of Music In Our Schools	Bachelor's degree.org	USA	English	https://nafme.org/20-important-benefits-of- music-in-our-schools/			Benefits of Music education
55	Encouraging Your Child's Exploration of the Arts	Heather Dundas	USA	English	http://www.pbs.org/parents/education/music- arts/encouraging-your-childs-exploration-of- the-arts/		Copyright © ArtsEdge	Arts for child

56	A Guide For Students Applying For A Placement	placement-uk.com	UK	English	http://placement-uk.com/students-how-to-get- the-perfect-placement/		Open source	Advice for students
57	Why Take an Internship?	Wikijob	UK	English	https://www.wikijob.co.uk/content/internships/ advice/why-take-internship		Open source	Intership guide
58	Why Your College Student Should Be Thinking About Summer Internships in January	Parenttoolkit	USA	English, Spanish	https://www.parenttoolkit.com/college-and- career/advice/internships/why-your-college- student-should-be-thinking-about-summer- internships-in-january.		Open source	Summer Internships
59	14 Awesome Internships for High School Students	Kate Sundquist	USA	English	https://blog.collegevine.com/14-awesome- internships-for-high-school-students/			Internship advise
60	College Parents' Role in the Job or Internship Hunt	Vicki Nelson	USA	English	https://www.collegeparentcentral.com/2012/0 2/college-parents-role-in-the-job-or- internship-hunt/		College Parent Central	Parent role in the job
61	10 claves para elegir colegio / 10 key for choosing a school	Pilar Romero Ballero	Spain	Spanish	https://www.serpadres.es/3-6- anos/educacion-desarrollo/articulo/10- claves-para-elegir-colegio		Open resource	Keys for parents to choose the school for their children
62	Teaching about Religions in European School Systems. Policy issues and trends	Luce Pépin	UK		file:///C:/Users/SSF/Downloads/docl_983 3_782027531.pdf	NEF Initiative on Religion and Democracy in Europe. 2009	Open resource	Policiy issues and trends about Religion and Democarcy in Europe
63	Making the most of school open days	BBC	UK	English	http://www.bbc.co.uk/schools/parents/open_days/		Open resource	How school open days can help parents when theyre deciding which schools to apply to for their children.
64	Role of the Parent Association	National Parents council	Ireland	English	http://www.schooldays.ie/articles/role-of-the-parents-association	Publication in 2015	Open resource	Activities that parents can develop at Irish Schools
65	Religion in the classroom: How other countries in the EU deal with it	Cliodhna Russell	Ireland	English	http://www.thejournal.ie/religion- classroom-eu-examples-primary- divestment-2887905-Aug2016/	2016	Open resource	Comprehensive article about religious schools in Europe
66	Summer Placements	Allaboutcarrers	United Kingdom	English	https://www.allaboutcareers.com/careers- advice/work-placements/summer- placements	2018	Open Resource	Description of Summer Placements, considerations for find a Summer Placements and benefits.
67	Summer Placements	GSK	United Kingdom	English	http://uk.gsk.com/en- gb/careers/undergraduates/summer- placements/	2018	Open resource	Benefits and Summer Placements programmes.

68	Student Placements	ScotGrad	United Kingdom	English	https://www.scotgrad.co.uk/employers/su mmer-placements	2018	Open resource	Benefits and Summer Placements programmes.
69	Impact Pool: Placements searching webpage	Impact Pool	Internatio nal	English	https://www.impactpool.org/search?grade s%5B%5D=Internship	2018	Open resource	A resource for finding placements in NGOs and United Nations agencies
70	Placements in NGOs	Indev Jobs	Internatio nal	English	https://indevjobs.org/career/career- counsel/best-advice-follow-order-get- internship-ngo	2016	Open resource	Some tips for candidates in a placement in an ONG
71	Toolbox: Ten Outdoor Education Activities for Teenagers	Indaba-Network	Internatio nal	English	https://www.washcoll.edu/live/files/4270- ten-outdoor-education-activities	2012	Open resource	10 interesting examples of how to prepare an outdoor activity for teenagers (tips and recommendations)
72	How To Start an Outdoors Club at Your School	Waverley Woodley - Washington Trails Association	USA	English	https://www.wta.org/go-outside/trail- smarts/how-to/how-to-start-an-outdoors- club-at-your-school	2015	Open resource	A step by step guide for planning outdoor activities (mainly hiking and group games)
73	Developing an After- School Outdoor Program or Adventure Club	Saveria Tilden - TYO	USA	English	http://mytyo.org/2016/10/developing-after- school-program/	2016	Open resource	Benefits and how-to guide about Outdoor activities
74	TRAIL GAMES: ACTIVITIES TO KEEP KIDS MOVING AND MOTIVATED WHILE HIKING	Appalachin Mountain Club	USA	English	https://www.outdoors.org/articles/amc- outdoors/trail-games-activities-to-keep- kids-moving-and-motivated-while-hiking	2016	Open resource	Some games to keep children motivate when hiking
75	Scouting	Wikipedia	Internatio nal	English	https://en.wikipedia.org/wiki/Scouting	2018	Open resource	A very detailed resource for getting to know the Scouting organisations all over the world
76	National Scouting Organizations	Scouts	Internatio nal	English	https://www.scout.org/nso	2018	Open resource	Very useful resource to find scouting organisations in each country
77	Scouting in Spain	ASDE	Spain	Spanish	https://scout.es/	2018	Open resource	Useful guide to find scouting organisations in Spain
78	Members organizations in Europe	World Association of Guirl Guides and Girl Scouts	Internatio nal	English	https://www.wagags.org/en/our- world/europe-region/member- organizations/	2018	Open resource	Very useful resource to find girl scouts organisations in each country



This project has been funded with the support from the European Union. This publication reflects the views only of the author, and the European Commission or Fundacja Rozwoju Systemu Edukacji – National Agency of Erasmus+ in Poland cannot be held responsible for any use which may be made of the information contained herein.